

# CENTRAL SIERRA REGIONAL OCCUPATIONAL PROGRAM

Administration Office: 4675 Missouri Flat Road, Placerville, CA 95667  
(530) 622-5081, ext. 7239

## Hospital Occupations

This Course prepares students for entry-level employment as a Health Assistant that will work directly with patients and staff in a variety of health care settings, such as emergency room, EMS, EKG, laboratory, pharmacy, medical billing, medical records, physical therapy, radiology, sterile instrument processing, and various patient care units within the hospital.

### COURSE OUTLINE >



- **General Workplace Knowledge**—Learn basic requirements of the program, how personal skill development affects employability, principles of effective interpersonal skills, understand importance of good academic skills, critical thinking and problem solving, principles of effective communication, occupational safety issues
- **Career Information**—Learn about career paths and strategies for obtaining employment.
- **Changing Technology**—Learn how to adapt to changing technology
- **Ethics in Technology**—Learn the importance of ethics in the industry.
- **Health and Safety Issues**—Learn the importance of health and safety in the health care industry
- **Medical Asepsis**—Learn how microorganisms behave and cause disease
- **Introduction to Training as a Health Care Worker**—Learn the history of health care, how to describe the health care provider, evaluate organization and major service categories in health care.
- **Community Site-Based Training**—Examine ethical and legal responsibilities and understand working in community classrooms
- **Diagnostic Services**—Learn about diagnostic planning, preparation, procedures, and therapeutic reporting.
- **Therapeutic Services**—Learn about data collection, treatment planning, implementing procedures, and patient status
- **Environment and Support**—Learn about distribution or materials, equipment/instruments, environmental services management, and patient support
- **Anatomy and Physiology of Body Systems**—Identify and label structures of the body systems, medical terminology, trace the pathway for system functioning, synthesize knowledge related to specific diseases and conditions of the human body systems
- **Computers in the Health Care Industry**—Introduction and applications in health care
- **Vital Signs**—Methods and proper technique of measuring, recording, and reporting vital signs
- **Weights and Measures**—Measuring terms, height and weight, and time documentation
- **Process of Change**—Developmental stages, illness versus wellness, human needs, stages of the terminally ill, and bio-ethics
- **Emergency Training**—CPR certification and first aid training
- **Health and Maintenance**—Personal health and nutrition
- **Portfolio Completion**—Resume, master application, cover letter, supervisor's evaluation, letters of recommendation, and learn usages for personal portfolios

### CONTACT

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