

PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Return to Athletics/Activities

The El Dorado Union High School District recognizes that athletics, co-curricular, and extra-curricular activities are an essential part of the high school experience. The District is committed to providing these opportunities to students this summer with proper safeguards. In consideration of the COVID-19 pandemic, it is essential that this return is done so in a manner that takes into account the safety and well-being of students, coaches, staff, and the greater community as a whole. **These opportunities are completely optional and are in no way a requirement for participation in a school program nor are they a tryout for a high school athletic team.**

The El Dorado Union High School District, in partnership with the El Dorado County Office of Education and the El Dorado County Health Department, have developed guidelines for the return to athletics and other school related activities this summer. These guidelines include the following safeguards:

- Pre-workout/activity screenings will be conducted on a daily basis. Responses to screening questions will be recorded and stored so there is a record of all persons present in case a student develops COVID-19. ***Any person indicating or exhibiting possible COVID-19 symptoms will not be allowed to participate, will be dismissed from the activity, and should contact their health care provider for medical advice.***
- Workouts and activities will be limited in size, with smaller “pods” of students participating in groups together. These pods will stay together to limit wider exposure should someone develop an infection.
- Social distancing is expected to be maintained throughout activities.
- Face coverings/masks are encouraged to be worn by participants and leaders who seek further self protection.
- Equipment will be cleaned throughout training sessions/activities.
- Frequent hand washing/sanitizing breaks will be encouraged.
- Facilities will be sanitized daily.
- No sharing of water, food, clothing, or towels will be permitted.

Coaches, staff, and administrators will be trained on these guidelines on Monday, June 22, 2020. Following the training, coaches and staff may begin scheduling activities using school district facilities. Please look for communication from your student’s coach or leader regarding the specific dates they will begin their summer programs.

As a parent/guardian and member of the El Dorado Union High School District family, we need your assistance in helping to ensure the safety and well-being of everyone participating in these activities. **Please note that all summer activities are optional and there is not an expectation that your student participates if you are not comfortable with them doing so.** As part of our standard participation process, you will receive a District Release of Liability form that must be signed and returned prior to your student’s participation in activities on campus this summer. These will be available from coaches/adult leaders as well as in your school’s administration office. These forms will also be made available online at our District website. Additionally, we

ask our families to please take the following precautions before allowing your student to attend a practice/activity at one of our school facilities:

- If your student or someone in their immediate household tests positive for COVID-19 or has been exposed to and is being tested for COVID-19, do not allow them to come to the school site and please notify their coach/adult leader and school site administration immediately.
- Check with your student to ensure they do not have a fever, cough, sore throat, shortness of breath, or other COVID-19 related symptoms before they attend an activity on campus. If they do, please DO NOT send them to the school and seek medical advice. Students should be symptom free before they will be allowed to participate in events on campus. For a list of COVID-19 symptoms, please refer to the following document: <https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>
- Masks are encouraged to be worn by students/adults (as is safe and appropriate to do so based on the activity).
- Encourage your student to thoroughly wash their hands prior to attending the activity and upon completion of the activity before returning home.
- Students should bring their own drinks/food and should not at any time, share items.
- Students should wear their own appropriate workout clothing for athletic activities (do not share clothing). Individual clothing/towels should be washed and cleaned after every workout.
- There should be no shared athletic or other equipment (towels, clothing, shoes, or sports specific equipment) between students. This also applies to items such as musical instruments and personal electronic devices.

Coaches/adult leaders will have limits on the types of activities that are permitted. These limitations are based on CIF, El Dorado County Health Department, State, and Federal guidelines for a return to activities. Participants are expected to follow safe social distancing guidelines at all times and refrain from engaging in activities that may increase the risk of the transmission of COVID-19. A failure to adhere to these guidelines may result in your student being dismissed from the activity.

We all have to do our part to keep COVID-19 from spreading and to keep our facilities open for these activities. Please express to your student the importance of following these expectations closely. We are all in this together. *Please help your student understand that a failure to follow these protocols could result in increased infections and the potential shut down of our facilities.*

Let's all do our part in keeping our facilities open and our community safe!

Thank you for helping us ensure a smooth return to school related activities. We look forward to seeing your student on campus this summer!