

# PRESS RELEASE

[WWW.EDUHSD.K12.CA.US](http://WWW.EDUHSD.K12.CA.US)

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**FOR IMMEDIATE RELEASE**

May 3, 2023 | El Dorado County, CA

## Counseling Support for EDUHSD Students

Sierra Child and Family Services operate a Wellness Center on every campus in the El Dorado Union High School District. The Wellness Center offers short term individual and group counseling as well as connection to community resources.

We are staffed 5 days a week (8 am - 4 pm) by Mental Health Clinicians and Advocates. The Wellness Centers are open 12 months a year and are able to provide counseling services to students through the summer.

The Wellness Center also offers fun summer activities for students! Please sign up here [Summer Wellness Center Activities](#).

If you are interested in connecting your student with counseling support, please contact us at:

phone: (530) 280-2009

or

email:

**EDHS** - [cougarwellness@eduhsd.k12.ca.us](mailto:cougarwellness@eduhsd.k12.ca.us)

**UMHS** - [diamondbackwellness@eduhsd.k12.ca.us](mailto:diamondbackwellness@eduhsd.k12.ca.us)

**ORHS** - [trojanwellness@eduhsd.k12.ca.us](mailto:trojanwellness@eduhsd.k12.ca.us)

**PHS** - [bruinwellness@eduhsd.k12.ca.us](mailto:bruinwellness@eduhsd.k12.ca.us)

**IHS** - [saintwellness@eduhsd.k12.ca.us](mailto:saintwellness@eduhsd.k12.ca.us)

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